

# Diaperbag backpack

## Minimalistic Packing Checklist

### BASICS

- 5 BABY DIAPERS / 1 TODDLER DIAPER
- WET WIPES
- CHANGE CREAM
- SMALL CHANGING PAD
- WET BAG
- WATER (BABY BOTTLE + WATER BOTTLE)
- 2 BURP CLOTHS
- PACIFIER
- HAND SANITIZER

### FOR A STROLL

- "BASICS" ITEMS
- SNACKS (BABY & TODDLER FRIENDLY)
- HAT
- LIGHT BLANKET

### FOR A WEEKEND AWAY

- "WHOLE DAY ON THE GO" ITEMS
- BABY'S ESSENTIAL TOILETRIES:
  - BABY BODY WASH & SHAMPOO
  - HAIRBRUSH
  - NAIL CLIPPERS
  - TOOTH HYGIENE
  - Q-TIPS
  - BABY LOTION
  - WASH CLOTH
  - HOODED TOWEL

### FOR A WHOLE DAY ON THE GO

- "FOR A STROLL" ITEMS
- 3 SMALL TOYS AND BOOKS
- NURSING COVER OR SHAWL
- FORMULA/ BREAST MILK & BOTTLES
- SUNSCREEN
- 2 CHANGES OF CLOTHES FOR BABY/TODDLER
- 1 TOP FOR PARENTS
- MINIMALISTIC FIRST-AID KIT:
  - THERMOMETER
  - DISINFECTANT SPRAY & BAND-AIDS
  - COUGH SIRUP
  - FEVER SIRUP OR SUPPOSITORY
  - NASAL ASPIRATOR
  - SALINE NASAL DROPS
  - VITAMINE D DROPS
  - BURN PASTE
  - BABY EPINEPHRINE INJECTOR
  - MINI SCISSORS
  - COTTON BALLS

### IF CAMPING

- MOSQUITO BEDNET
- LAVENDER ESSENTIAL OIL



CUBZ CREW